

# essexpamper

'Relax & rejuvenate'

## Price list

### FACIALS

#### Face Mask

Nourishing Chocolate.....	£10.00
Sparkling Strawberry.....	£10.00
Moisturising Orange.....	£10.00
Charcoal Impurities Mask.....	£10.00
Hibiscus Algae Mask.....	£10.00
Deep Cleansing Pink Clay Mask.....	£10.00
Dark Circle Reducing Eye Mask.....	£10.00
Collagen Boost Mask.....	£10.00
Brightening Vitamin C Mask.....	£10.00
Antioxidant Chocolate Mask.....	£10.00
Tailor-made Aromatherapy Mask.....	£12.00
Green Tea Mud Mask.....	£12.00

#### Facials

Express - Congested - 20 mins.....	£18.00
Express - Normal/Hydration- 20 mins.....	£18.00
Express - Sensitive skin- 20 mins.....	£18.00
Classic - Anti-aging- 25 mins.....	£28.00
Classic - Congested - 25 mins.....	£28.00
Classic - Normal/Hydration - 25 mins.....	£28.00
Classic - Sensitive skin - 25 mins.....	£28.00
Classic - Teen - 25 mins.....	£28.00
Luxury - Anti-aging - 40 mins.....	£38.00
Luxury - Congestion - 40 mins.....	£38.00
Luxury - Normal/Hydration - 40 mins.....	£38.00
Luxury - Sensitive skin - 40 mins.....	£38.00
Luxury - Teen - 40 mins.....	£38.00
Elemis - Elemis Booster - 25 mins.....	£38.00
Elemis - Elemis Superfood Pro-Radiance - 1hr.....	£68.00
Elemis - Elemis Pro-Collagen Age Defy - 1hr.....	£78.00
Microdermabrasion - 45 mins.....	£48.00
Microdermabrasion - with Deep Cleansing +Purifying - 1h.....	£65.00
Microdermabrasion - with LED + Collagen Mask - 1h 15 mins.....	£78.00
Microdermabrasion - with LED + Vitamin C Boost - 1h 15 mins.....	£78.00
Facial - Oxygen 45 mins.....	£55.00
Facial - LED Light Therapy - Acne & Scar Reduction - 30 mins.....	£55.00
Facial - LED Light Therapy - Anti-aging Treatment - 30 mins.....	£35.00
Facial - LED Light Therapy - Improved Pigmentation - 30 mins.....	£35.00
Collagen Eye Treatment - Add to a facial - 15 mins.....	£22.00
Collagen Eye Treatment - Stand alone treatment - 20 mins.....	£28.00

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## AESTHETICS

### Anti-Wrinkle Injections

Anti-Wrinkle Top up if required - 10mins.....	£0.00
Free anti-wrinkle consultation - 15mins.....	£0.00
One Area - Frown Lines - 20mins.....	£110.00
One Area - Crows feet - 20mins.....	£110.00
2 Areas - Frown lines/Forehead - 30mins.....	£160.00
2 Areas - Frown lines/Crows feet - 30mins.....	£160.00
3 Areas - Frown lines/Forehead/Eyes - 40mins.....	£220.00
3 Areas - Frown lines/Forehead/Nose - 40mins.....	£220.00
Bunny nose - 20mins.....	£110.00
Calf Reduction - 1h.....	£850.00
Dimpled chin - 20mins.....	£120.00
Gummy Smile - 30mins.....	£220.00
Jawline slimming - 30mins.....	£200.00
Lip Flip - 20mins.....	£65.00
Lip flip with prescription - 20mins.....	£95.00
Masseter Muscle Injections for teeth grinding (Bruxism) - 30mins	£300.00
Neck smoothing/Platysmal bands/Turkey neck - 40mins.....	£275.00
Nefertiti lift - 40mins.....	£400.00
Hyperhidrosis (Excessive sweating) - Underarms - 40mins.....	£350.00
Hyperhidrosis (Excessive sweating) - Hands or Feet - 40mins.....	£400.00

### AQUALYX® Fat Dissolving Injections

Free Aqualyx consultation - 15mins.....	£0.00
Double chin - 20mins.....	£49.00
Arms (bingo wing area) - 30mins.....	£99.00
Back fat - Bra back fat - 30mins.....	£99.00
Love handles - 30mins.....	£99.00
Under-bra area - 30mins.....	£99.00
Underarms and armpits - 30mins.....	£99.00
Thighs, Inner or Outer - 40mins.....	£125.00
Flanks and waist - 40mins.....	£140.00
Stomach and 6 pack definition - 45mins.....	£140.00
Thigh course - 5 sessions (further sessions at home) - 40mins.....	£585.00
Stomach course - 5 sessions (further sessions at home) - 45mins.....	£650.00
Flank and waist - 5 sessions (further sessions at home) - 45mins.....	£650.00

**\*All treatments by highly experienced, advanced qualified, insured practitioners**

### **Dermal Filler Treatments**

Free filler consultation - 15mins.....	£0.00
Lip Filler - Classic 0.5ml - 30mins.....	£95.00
Lip Filler - Classic 1.1ml - 30mins.....	£110.00
Lip Filler - Cupid Bow Lips - 30mins.....	£110.00
Lip Filler - Parisian Bow/Bee sting - 30mins.....	£185.00
Lip Filler - Russian lips - 30mins.....	£185.00
Lip Filler - Classic 2.2ml 30mins.....	£240.00
Lip Filler - Hollywood lips - 30mins.....	£240.00
Lip Filler - Baby doll Lips - 30mins.....	£240.00
Lip lines/Smoker's lines - 30mins.....	£180.00
Cheek filler - Top up - 20mins.....	£95.00
Cheek filler - 2.2ml - 35mins.....	£275.00
Cheek filler - 3.3ml - 40mins.....	£375.00
Cheek filler - 4.4ml - 45mins.....	£465.00
Marionette/Puppet Line Fillers - 30mins.....	£165.00
Nasolabial Folds Fillers - 30mins.....	£165.00
Full smile lines - 30mins.....	£320.00
Chin Augmentation - 30mins.....	£220.00
Jawline filler - 2.2ml - 30mins.....	£275.00
Jawline filler - 4.4ml - 30mins.....	£350.00
Jawline filler - 6.6ml - 30mins.....	£500.00
Tear Trough and Under Eye Fillers - 30mins.....	£300.00
Non-Surgical Rhinoplasty - 45mins.....	£330.00
8 Point Face Lift - Non-surgical Face lift - 1h 30m.....	£700.00

### **Microneedling**

Dermapen with hyaluronic acid aftercare.....	£125.00
Dermapen - (Further treatments at home) Course of 6 Treatments.....	£595.00

### **Super skin boosters**

Profilo - Hyaluronic acid injections - 2 treatments 4 weeks apart.....	£300.00
Sunekos - +amino acids injections. Challenging skin - 4 treatments.....	£600.00

### **Vitamin Injections**

Glutathione Injections - 20mins.....	£38.00
Vitamin D Injection - 20mins.....	£30.00
Vitamin C Injections - 20mins.....	£30.00
Vitamin B12 Injection - 20mins.....	£30.00
Biotin (B7) Injections - 20mins.....	£50.00
Vitamin B Complex Injections - 20mins.....	£40.00

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## NAILS

### OPI Nails

File & Polish - Hands - 15mins.....	£12.00
Manicure- 25mins.....	£22.00
Luxury Manicure - 45mins.....	£34.00
File & Polish - Feet - 20mins.....	£12.00
Pedicure - 25mins.....	£25.00
Luxury Pedicure - 45mins.....	£38.00
Manicure and Pedicure.....	£40.00
Luxury Manicure and Pedicure.....	£70.00
Add Natural Nail Strengthening - 5mins.....	£5.00

### Shellac Gel Nails

Nail repair - 15mins.....	£4.00
Add builder gel extra strength - 15mins.....	£7.00
File & Polish - Hands - 20mins.....	£25.00
Manicure- 25mins.....	£35.00
Luxury Gel Manicure - 45 mins.....	£45.00
File and Polish - Feet - 20 mins.....	£25.00
Pedicure - 25 mins.....	£35.00
Luxury Gel Pedicure - 45 mins.....	£45.00
Manicure and Pedicure - 50 mins.....	£65.00
Luxury Manicure and Pedicure - 1hr 30 mins.....	£85.00
Removal of Gel Polish - Fingers - 15mins.....	£15.00
Removal of Gel Polish - Toes - 15 mins.....	£15.00
Removal of Gel Polish -Fingers & Toes - 30 mins.....	£25.00

### Nail Art

Glitter added to ring fingers -5mins.....	£3.00
Glitter added to all fingers - 10 mins.....	£6.00
Simple decals - 10mins.....	£5.00
CND Powders, additives, dips - 15mins.....	£8.00
Detailed stamps, diamontes - 15mins.....	£10.00
Intricate freehand - 20mins.....	£15.00

### Minx Nail Wraps

Minx Nails .....	£25.00
Minx Nails sealed in gel polish.....	£45.00

### Luxury Paraffin Wax Treatment

Hands - Luxury peach or Lavender - Add to mani - 20mins.....	£8.00
Hands - Luxury peach or Lavender - 20mins.....	£12.00
Feet - Tea tree - Add to Pedi - 20mins.....	£10.00
Feet - Tea tree - 20mins.....	£14.00

\*For acrylic/gel nail extensions re: wedding prep days please speak to the office

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## EYES, EARS AND WAXING

### Ladies' Waxing

Bikini - 15mins.....	£15.00
Face - Chin - 10mins.....	£8.00
Face - Upper Lip - 10mins.....	£8.00
Face - Lip & Chin - 15mins.....	£15.00
Leg - Half Leg - 20mins.....	£20.00
Leg - Three-Quarter Leg - 30mins.....	£28.00
Leg - Full Leg - 40mins.....	£35.00
Underarm - 15mins.....	£15.00

### Eyebrows

Eyebrow Tint - 15mins.....	£10.00
Eyebrow Waxing and shape - 10mins.....	£15.00
Eyebrow Wax and Tint - 30mins.....	£18.00
Definition Brows - Existing HD Brow client - 45mins.....	£28.00
Definition Brows - First HD Brow appointment - 1h.....	£32.00
Definition Brows - Existing HD Brow & Brow sculpt - 1h.....	£48.00
Definition Brows - First HD Brow & Brow sculpt - 1h 15mins.....	£56.00

### Ears

Ear Candling - Hopi Ear - One ear - 25mins.....	£25.00
Ear Candling - Hopi Ear - Both ears - 40mins.....	£40.00

### Ear peircing

\*We have been peircing ears across Essex for over 20 years so you are in safe hands. Note if for birthday girls we arrive 30 mins before to do this which is very exciting for them to show all their friends.

**\*\*Includes free aftercare solution and aftercare sheet**

Lobe peircing - Basic silver studs, please see upgrades in shop.....	£20.00
Cartlidge Piercing - Basic silver studs, please see upgrades in s.....	£20.00
Nose Piercing - Basic silver stud, please see upgrades in shop.....	£20.00

**MASSAGE AND BODY WRAPS**

**Aromatherapy Swedish Massage**

Back Neck and Shoulder - 25mins.....	£28.00
Full Body - 40mins.....	£38.00
Full Body with scalp massage - 1h.....	£52.00
Mum-to-be - Back Neck and Shoulder - 25mins.....	£28.00
Mum-to-be - Full Body - 40mins.....	£38.00
Mum-to-be - Full Body with scalp massage - 1h.....	£52.00
Mum-to-be - Full Body & stretch mark treatment - 1h.....	£55.00

**Body wraps**

Anti-Cellulite Inch Loss Body Wrap - Half Body - 1h.....	£52.00
Anti-Cellulite Inch Loss Body Wrap - Full Body - 1h 30m.....	£78.00
Body Wrap - Amazing Chocolate Body Wrap - 1h.....	£78.00
Body Wrap - Mango & Lime Revitalising Wrap - 1h.....	£78.00
Body Wrap - Smoothing Green Coffee - 1h.....	£90.00
Body Wrap - Earth and Ocean Body Wrap - 1h.....	£90.00
Body wrap - Marine Mud Warming Body Wrap - 1h.....	£78.00

**Other Massage**

Contouring Anti-Cellulite - Thigh and buttock massage - 25mins.....	£38.00
Contouring Anti-Cellulite - Problem areas - 40mins.....	£48.00
Deep Tissue Massage - 25 mins.....	£30.00
Deep Tissue Massage - 40 mins.....	£45.00
Foot & Leg Massage - 20mins.....	£15.00
Hand & Arm Massage - 15mins.....	£12.00

**ESPA Treatments**

ESPA Sea Salt and Oil Scrub - 40mins.....	£48.00
ESPA Hot Stone Massage - 55mins.....	£68.00
ESPA Inner Calm Full Body Massage - 1h.....	£75.00
ESPA Ocean and Earth Body Wrap - 55mins.....	£78.00
ESPA Jet lag reviver - 1h 30mins.....	£90.00
ESPA Mindful Sleep - 1h 30mins.....	£90.00
ESPA Iconic Back Face and Scalp Treatment - 1h 20m.....	£120.00
ESPA Modern Alchemy - 2h.....	£150.00

**MAKEUP AND SPRAY TANS**

**Sienna X Spray Tans**

Sienna X Legs - 20mins.....	£12.00
Sienna X Upper Body - 20mins.....	£15.00
Sienna X Full Body - 30mins.....	£25.00
Full Body-Sienna-Spray Gold - 30mins.....	£28.00
Full Body-Sienna-Spray Silver - 30mins.....	£28.00

**Body Polish**

Invigorating Sugar Body Scrub - 30mins.....	£28.00
Body Exfoliation Treatment - inc body oil massage - 1h.....	£52.00

**Make-up**

Wedding Makeup - Bridesmaid trial - 30 mins.....	£30.00
Wedding Makeup - Mother of The Bride Trial - 30 mins.....	£30.00
Wedding Makeup - Bridesmaid Makeup 50.00 45mins.....	£50.00
Wedding Makeup - Mother of The Bride 50.00 45mins.....	£50.00
Wedding Makeup - Bride trial - 1h 30m.....	£60.00
Wedding Makeup - Bride Makeup - 1h 15mins.....	£85.00
Prom - Makeup eyes, lips, blush 30mins.....	£25.00
Prom - full Makeup 25.00 45mins.....	£40.00
Festival Makeup - 30mins to 1hr look dependent.....	£30.00-£55.00
Evening Makeup - 45mins.....	£45.00
Day Makeup - 45mins.....	£45.00

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### HOLISTIC

#### Massage

Herbal Compress Massage - 25 mins.....	£25.00
Herbal Compress Massage - 40mins.....	£38.00
Hot Stone Massage - Back Neck and Shoulder - 25mins.....	£25.00
Hot Stone Massage - Full Body - 40mins.....	£38.00
Indian Head Massage - 25mins.....	£25.00
Indian Head Massage - 40mins.....	£35.00
Thai Foot Massage - 25mins.....	£25.00

#### Guided group meditation session

Spoken guided meditation - 20 mins.....	£45.00
Moving meditation - 20 mins.....	£45.00
Moving meditation, followed by laying down - 30 mins.....	£65.00
Sound bowl therapy - 20 mins.....	£65.00
Crystal singing bowl therapy - 40 mins.....	£90.00

#### Reiki Treatments

Reiki - Reiki Rebalance - 25mins.....	£25.00
Reiki - Reiki Deep Healing - 45mins.....	£40.00
Reiki - Angelic Reiki - 1h.....	£48.00
Reiki - Reiki with Crystal Healing - 45mins.....	£55.00
Reiki - Flower Therapy&Chakra Healing - 1h.....	£58.00

#### Nia group dance class

This gentle dance class suitable for everyone is taught in more than 50 countries around the world, Nia combines dance, martial arts and mindfulness. A private Nia dance session can be added to your holistic event. Please ask the office.

#### Angel card readings

Its quite natural for healers and physics to work together so if you are organising a quieter day or evening, holistic event we have some amazing physics who can do a number of reading sessions while guests are having holistic treatments. Please ask the office.